

Official Newsletter of the American Psychological Association,
Division 38

The Health Psychologist

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And the survey says....

Christopher France, PhD, President



As I write this column it is the beginning of June, the heat and humidity of summer have already arrived in southeastern Ohio, and the APA convention (and the end of my term) is just around the corner. I'd like to take this opportunity to talk about the results of a recent membership survey, acknowledge the ongoing efforts of members who are doing a tremendous job keeping our division humming, and highlight some of the impressive programming that the division will be sponsoring at the APA convention in Washington, D.C. from August 4-7.

Survey of member interest in a one-day research meeting

One of the continuing challenges of our division is, how do we promote opportunities for affiliation and identification as health psychologists when many of our members are not regular attendees at the annual convention? Over the last few years a variety of suggestions have been offered to address this challenge (e.g., sponsoring our own mid-year meeting, developing an online meeting, etc.) but for a combination of reasons these suggestions have not proven fruitful. During the division's 2011 mid-year meeting in Dallas, Jerry Suls offered a creative new idea. He suggested

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From the Editor's Desk

Welcome to Summer!

Lisa Frantsve, Ph.D.



If you are like me, you often look forward to the summer months. The longer days, the invitations to picnics and barbeques, the vacations and other traditional summertime activities: These are the things that often come to mind when thinking about the summer. And, if you're lucky,

you might have a little more "give" in your schedule to focus on things you enjoy – both professionally and personally.

Undoubtedly, one of the professional highlights of this summer will be the 2011 Annual Convention of the APA scheduled for August 4th – 7th, 2011 in Washing-

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And the survey says....

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that we consider adding a Division 38 research meeting at the beginning or end of a related conference. And, because we have a significant overlap in membership and areas of interest with the Society of Behavioral Medicine (SBM), SBM seemed like a strong candidate. When I later discussed the idea with the leadership of SBM they were very supportive, and so Barbara Keeton, Liz Klonoff, and I developed a brief survey to get your impressions of this idea. Our email survey, which was distributed in May to all members with email addresses ($n=2,636$), began with the subject heading "Would you attend a one-day APA Division 38 research meeting?" Respondents were then asked whether they would attend such a meeting if it were offered on the Tuesday before SBM, on the Sunday after SBM, and what types of topics would they like to see covered. We also asked about usual attendance at APA and SBM as well as the respondent's current Division 38 status.

The results of our survey were informative, but unfortunately do not allow for a definitive answer in large part because our data represented only 5% of the possible sample ($n=132/2,636$). Of the 132 respondents, 82% were from senior members, 11% were from early career members, and 7% were from graduate student members. In terms of interest in the proposed one-day meeting, 42% said "yes" they would attend a meeting held on the Tuesday before SBM and only 21% said they would attend a meeting held on the Sunday after SBM. Including both "yes" and "maybe" responses, 73% of respondents expressed an interest in a Tuesday meeting. Interestingly, of those who indicated that they would attend a Tuesday meeting, 62% indicated that they usually attend SBM versus only half of that number (31%) indicated that they usually attend APA. Finally, when given the opportunity to list the topics that they'd like to see at such a meeting, respondents provided a wide range of answers befitting the diversity of interests within the division. Topics that were most frequently suggested included cutting-edge research, theory, methodology, and funding opportunities and strategies.

Where do the results of this survey leave us? I believe that our division would be strengthened by an annual

one-day, research-focused meeting that provides an opportunity for early career and graduate student members to interact with the incredible array of prominent scientist who belong to our division. I further believe that we need to nurture this connection if we want to promote our common identity as "health psychologists," as opposed to our myriad of other identities relating to our clinical and research sub-specialties. However, before Division 38 can take on the time-consuming and potentially costly effort of developing a new meeting, we will need more support and encouragement from the membership. In particular, we will need the support of senior members who are willing to present their latest theoretical, empirical, and methodological contributions in an environment that encourages communication with all members. If you share my enthusiasm for such a meeting and would like to be actively involved in the effort (whether as a potential organizer, presenter, or attendee), I invite you to contact me directly (france@ohio.edu).

Acknowledgement of member contributions

A large number of people are responsible for the many committees and councils that make up Division 38, and I want to express my sincere appreciation to all of these individuals for their efforts this past year. I would also like to acknowledge some people who have made, or are making, a particularly significant impact:

Zeeshan Butt is the Chair of our inaugural Early Career Psychologist Council which was formed this year, and in a short period of time Zee has developed a strong committee of early career members who are bringing new energy and new ideas to the division.

Austin Baldwin and **Ted Robles** serve as co-editors of our division website, and they have spent an enormous amount of time making the site more attractive, easier to navigate, and a more effective tool to highlight division activities and goals.

Vanessa Malcarne, along with the members of her Mentorship Task Force Committee (**Zeeshan**

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And the survey says....

(Continued from page 2)

Butt, Georita Frierson, Luz Garcini, Crystal Park, Catherine Schuman, Kadian Sinclair, Marilyn Stern, is taking on the important challenge of developing an effective mentorship model to better serve our early career and student members.

John Ruiz serves as the Chair of the Diversity Council, a role which requires oversight of five subcommittees (the most within the division), and he does so with a level of professionalism and commitment that is truly remarkable.

Helen Coons and **Bob Kerns**, our two APA Council Representatives, are outstanding ambassadors for our division within APA and do an incomparable job of representing our interests and keeping us informed.

Liz Klonoff provided a tremendous service to the division at the beginning of 2010 by leading sessions at the Riverfront Conference devoted to the development of our renewal petition for the recognition of clinical health psychology as a specialty. Her follow-through later that year was equally worthy of praise as Liz developed an outstanding petition to the Commission for the Recognition of Specialties and Proficiencies in Professional Psychology (CRRSPP) which was submitted in December. Finally, in April of this year Liz completed a triple play of exceptional service by responding on behalf of the division to the public comments received on the petition.

In sum, we have many people who work throughout the year to promote health psychology and to maintain a vibrant organization that is worthy of your membership. Because of the efficiency of their efforts, I am pleased to report that we will once again maintain our current dues at a low rate of \$43/year for professional members – this rate hasn't changed since 2005!

APA 2011 convention

A special acknowledgment and note of gratitude is due to the convention program committee, including **Jesse Stewart** (Chair), **Kendra Ray Stewart**, and **Misty Hawkins**, for their tremendous work on our behalf. Among the many highlights at this year's convention, we are continuing our very popular tradition of Clinical Grand Rounds, including important and topical sessions presented by **Delia West** (Science and Practice of Behavioral Weight Control), **Barbara Walker** (Evidence-based Practice in Health Psychology), and **Kate Cavanagh** (Computerized Cognitive-Behavioral Therapies in Primary Care). We will also have outstanding invited addresses from **Bob Kaplan** (Current & Future Priorities in Behavioral & Social Sciences Research Supported by the National Institutes of Health), **Colleen McBride** (Can Genomics Bring Innovation to Behavior Change Interventions?), and **Lee Ritterband** (The Internet as the Instrument for Behavior Change). In addition, **Bob Gatchel** has organized and will chair a special session to celebrate the career and contributions of **Andy Baum** to the profession of health psychology. A complete list of our outstanding program offerings is provided elsewhere in this issue, and I hope that you will agree that the full program provides ample motivation for you to join your friends and colleagues at APA this summer. I look forward to seeing you in Washington!

In closing, as this is my last column I want to express my sincere gratitude to the membership for the opportunity to serve as your President. It has been immensely educational, and I dare say enjoyable, and for that I am deeply indebted to **Liz Klonoff** and **Barbara Keeton**.

APA Convention
August 4-7, 2011

From the Student Representatives

Kadian S. Sinclair, M.S.

Luz M. Garcini, M.A.

We are now mid-year, and continue to make significant progress on previously established goals. Thus far, we have conducted another in our conference call series, providing trainees with guidance and suggestions for mastering the peer review process.

The spring conference call was held in April, led by expert presenters: **Dr. Tracey Revenson** (Professor of Psychology at CUNY and Associate Editor of *Annals of Behavioral Medicine*), **Dr. Christopher France** (Professor of Psychology at Ohio University, President of APA Division 38, and Editor-in-Chief of *Annals of Behavioral Medicine*) and **Travis Lovejoy, M.S., M.P.H.** (pre-doctoral clinical psychology intern at Portland VA Medical Center). Dr. Revenson, Dr. France and Mr. Lovejoy made excellent recommendations on various aspects of the publication process, including developing a better understanding of the peer review process.

The summer conference call is scheduled for July 11 at 1:00 pm (EDT)/10:00 am (PDT). This call will be led by expert **Dr. Anne Kazak**, Professor of Pediatrics at the Children's Hospital of Philadelphia and University of Pennsylvania, as well as Editor-in-Chief of *Health Psychology*. This call will focus on providing trainees with tips for publication in health psychology: the "ins and outs" of getting a manuscript accepted.

Also, continuing with previous endeavors to increase opportunities for mentoring and networking within the Division, we would like to alert you to the upcoming events geared toward students at the 2011 APA convention. Start planning to join us in Washington, DC Aug 4-7 for these events!

Friday, 8/5 (1:00-1:50 pm) Conversation Hour: "Navigating the Funding Maze: Helping Graduate Students, Post-docs, and Early Career Professionals Find and Utilize What's Available." Expert presenters include Dr. Zeeshan Butt, Dr. Nabil Hassan El-Ghoroury, and Dr. Justin Nash. (Convention Center, Room 140A)

Friday, 8/5 (5:00-5:50 pm) Meet-and-Greet: Health Psychology Internship Directors (Grand Hyatt, Division 38 Hospitality Suite).

Friday, 8/5 (6:00-7:30 pm) Conversation and Reception: "Tips for Engaging in a Job Search." Various senior professionals will gather to offer advice to students, post-docs, and early career professionals related to engaging in a job. Refreshments served. (Grand Hyatt, Division 38 Hospitality Suite).

Sunday, 8/7 (10:00-10:50 am) Panel Discussion: "Diversifying Health Psychology: How to Promote Diversity Training and Research in Health Psychology." Expert presenters include Dr. Tracey Revenson, Dr. John Ruiz, and Dr. Keith Whitfield. (Convention Center, Room 150A)

There will also be a number of research symposia on health related issues.

As we continue to work on these initiatives, we welcome your ideas and suggestions on improving opportunities for mentoring and networking. Please let us know your needs or ideas related to mentoring and networking by emailing us at div38studentreps@gmail.com. Also, please visit the Student Resources section of the Division's website at www.health-psych.org/StudentResources.cfm for recordings/summaries of previous conference calls, as well as updates on upcoming events and opportunities.

Finally, please sign up for our listservs to stay informed about division events. Members are not automatically signed up for the listservs. To subscribe to the main division listserv, send an email to listserv@lists.apa.org. In the body of the email (not the subject line) type SUBSCRIBE DIV38 (your name).

Australian Psychological Society, College of Health Psychologists: Who we are and what we do?

Lina Ricciardelli, Helen Lindner, Anna Chur-Hansen, Esben Strodl, Allison Clarke,
and Marie Caltabiano, Australian Psychological Society, College of Health Psychologists

The Australian Psychological Society (APS) has a number of Colleges to reflect the expertise of particular groups. The College of Health Psychologists was formed in 1996 and is Australia's largest professional grouping of Health Psychologists working across the individual and community level. The College has approximately 350 members, many of whom have completed postgraduate training in both clinical health psychology and health promotion. Our members work across a broad array of domains including private practice, community health centers, pain management clinics, specialist and general medicine units of hospitals, rehabilitation centers, health policy offices in government departments, public health facilities, health education organizations, universities and other research institutions.

The main goal of the College is to advance excellence in the knowledge and practice relevant to Health Psychology, and to provide a leadership role in the development and application of evidence-based psychological solutions to improve the health and wellbeing of the community. We also have a strong commitment to promoting the growth of careers in health psychology, and educating other psychologists and health professionals, and the general public about the specialist skills and expertise of Health Psychologists.

The goals of the College of Health Psychologists are coordinated through a vibrant National Committee. This committee includes executive positions and portfolios of membership secretary, course approvals coordinator, professional development coordinator, web and newsletter editor, and the chairs of the six State College Sections of Australia. The State sections are responsible for the undertaking College activities at the local level, and this includes professional development, networking events, and peer supervision. One of the main roles of the National Committee is to provide advice to the Board of the Australian Psychological Society on the development and implementation of national policies

that affect postgraduate training standards, continuing professional development, service delivery, and government initiatives. The advocacy work of the Committee aims to represent both private and non-private sectors, new graduates, and current students.

Last year was a very challenging one. The Australian government introduced new registration requirements for nine different health professions, including psychologists. On April 1st 2010, Health Psychology, was not included as an endorsed area of practice for psychology under the new National Registration Scheme in Australia. This meant that Health Psychology was not recognized by the government as a specialty field, thus posing a serious threat to the future of Health Psychologists in Australia.

It was appears that the main reason for the non-endorsement of Health Psychologists was the belief of Health Ministers that there was no difference between Clinical and Health Psychologists, with the latter more properly considered a subspecialty of Clinical Psychology. Therefore, many of the activities of the National and State College Committees during 2010 were spent rectifying this misconception, and promoting the unique expertise and skills of Health Psychologists to Health Ministers, their advisors, other health professionals, and the broader community. In particular, it was emphasized that although both specializations have core psychology skills in counseling techniques, assessment and diagnosis skills and general cognitive, behavioral and interpersonal-based interventions, the specialty of Clinical Psychology is in the psychology of mental illness whereas Health Psychology is in the psychology of physical health and illness.

On November 2nd, 2010, Health Psychology was finally endorsed, after months of intensive advocacy and lobbying by the Australian Psychological Society, the National and State Committees of the College of Health

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Division 8 (Health Psychology) of the International Association of Applied Psychology (IAAP)

Sonia Lippke, PhD, Professor of Health Promotion
IAAP Division 8/ Secretary of Health Psychology Division

The *Division of Health Psychology* is an integral part of the *International Association of Applied Psychology (IAAP)*. IAAP was founded in the year 1920 primarily by industrial and organizational psychologists. At the same time, the IAAP's flagship journal, *Applied Psychology: An International Review (AP:IR)* was established. Nowadays, the IAAP contains eighteen divisions of which many also concern health related topics. However, the division of health psychology, which is among the largest divisions of IAAP, explicitly covers subjects of health psychology. These are, e.g., "...psychological factors within physical illness, stress and coping, health-compromising and health-enhancing behaviors..." (from the divisional webpage¹). Our aim is to provide a stimulating platform for psychologists interested in *how to promote health and optimal functioning, improve research strategies and increase sustainability of interventional effects*. While we strive to improve research, we also share the goal to provide evidence-based implications for practice and improvement of psychological promotion of health internationally.

For doing this more efficiently, a new journal was established in 2009. The IAAP's flagship journal AP:IR has met the needs of many IAAP members for more than 80 years. However, not only the high frequency of health related articles but also IAAP members called for a new journal. This journal should cover subjects regarding health and well-being more specifically. Therefore the new journal *Applied Psychology: Health and Well-Being (APHW)* was launched in 2008 as a special issue of AP:IR and afterwards edited as an independent journal starting in 2009 by Ralf Schwarzer and Christopher Peterson. Reactions by IAAP members and others in the psychological community were very positive. APHW became not only one of the official journals of IAAP but also by the *International Positive Psychology Association (IPPA)*. Both associations collaborate in promoting APHW.

The IAAP division of health psychology is generally characterized by close networks to other associations and divisions within IAAP. It is also recognized by a high internationality: Our more than 350 members stem from over 50 countries and six continents (a relatively large proportion are from Asia, Australia and New Zealand). At the IAAP conferences, that take place every four years, the health psychology division organizes an extensive and inspiring program with one or more tracks per time window. The next conference will be held in Paris² with key note speakers from health psychology, multiple tracks on different aspects of health psychology, round table discussions, award ceremonies, workshops and meet-the-expert sessions.

The division is also active in organizing presentations or divisional symposia at conferences by other societies. For instance, we were well visible in 2010 at the conference of the *Stress and Anxiety Research Society (STAR)* in Ireland and the *European Health Psychology Society (EHPS)* in Romania. Our aim is not only to share our findings, developments and expertise but also to strengthen network links and collaboration with national and international health psychology societies across the world as well as to increasing communication and collaboration³. When the new president of the division, Aleksandra Luszczynska, is asked about further goals, she answers: "organizational solutions, training standards, insight into lobbying strategies, secure more effective training of young health psychologists, as well as promote the position of the health psychology and health psychologists across the areas of our services." With that, we share many goals of other societies. What makes us unique is our international input and impact on scholars, students and practitioners around the world.

Useful links and references:

¹ <http://www.iaapsy.org/division8/>

² next IAAP conference will be held in Paris 2014 <http://www.icap2014.com/>

³ see the IAAP newsletter where the division regularly reported its activities <http://www.iaapsy.org/division8/index.php?page=Newsletter>

APA Division 38 - Health Psychology Convention Program August 4-7, Washington, DC

Day/Date Time	CE Credit	Session	Chair/Discussant	Participants	Location
Thursday					
Th 8/4 8:00am- 9:50am	yes	<u>Symposium</u> : Racism & Health Disparities: State of the Science & Future Directions	Chair: John M Ruiz, PhD	Elizabeth Brondolo, PhD Tene T Lewis, PhD Susan A Everson-Rose, PhD, MPH	Convention Center Room 145A
Th 8/4 9:00am- 10:50am	yes	<u>Clinical Health Psychology Grand rounds</u> : Science & Practice of Behavioral weight Control: Motivation & Facilitating Behavior Change to Promote Weight Loss & Maintenance		Delia S West, PhD	Convention Center Room 147A
Th 8/4 11:00 am- 11:50am	yes	<u>Invited Address</u> : 2011-An eHealth Odyssey; or - The Internet as the Instrument for Behavior Change		Lee M Ritterband, PhD	Convention Center Room 145B
Th 8/4 12:00 pm- 1:50 pm	yes	<u>Symposium</u> : Models of Integrated Primary Care: Evolving Roles for Psychologists	Chair: Robert E McGrath, PhD Discussant: Susan H McDaniel, PhD	Barbara A Cubic, PhD Pamela C Fischer, PhD Nancy B Ruddy, PhD Darryl S Salvador, PsyD Diane J Willis, PhD Carolyn S Schroeder, PhD	Convention Center Room 145A
Th 8/4 2:00 pm- 3:50 pm		<u>Symposium</u> : Psychologists who Prescribe in Primary Care: Clinical Experiences & Professional Challenges	Chair: Steven R Tulkin, PhD, MS	Kevin M McGuinness, PhD, MP, ABPP David S Shearer, PhD Marlin Hoover, PhD, MSCP Robert E McGrath, PhD Earl Sutherland, Jr, PhD, MS John Fianza, III, PsyD, MP John Andazola, MD	Convention Center Room 149B
Th 8/4 3:00 pm- 3:50 pm		<u>Poster Session</u> : Health Behaviors			Convention Center Halls D & E



Day/Date Time	CE Credit	Session	Chair/Discussant	Participants	Location
Friday					
Fri 8/5 8:00am- 9:50am	yes	<u>Clinical Health Psychology Grand Rounds:</u> Evidence-Based Practice in Health Psychology: Translating Research into Practice One Patient at a Time		Barbara Walker, PhD	Convention Center Room 145A
Fri 8/5 10:00am- 10:50am	yes	<u>Symposium:</u> Chronic Fatigue Syndrome: New Data on Long-Range Outcomes, Nonpharma- cological Treatment, & Self-Management Intervention	Chair: Fred Friedberg, PhD	Leonard A Jason, PhD Mary Gloria C Njoku, PhD Fred Friedberg, PhD	Convention Center Room 145B
Fri 8/5 10:00 am- 10:50am		<u>Discussion:</u> Education & Training in Clinical Health Psychology: Everything You Wanted to Know as a Student, & Hopefully Will Ask	Chair: Marilyn Stern, PhD	Kevin T Larkin, PhD Jessica A Barber, PhD Justin M Nash, PhD Sharon Berry, PhD	Convention Center Room 150B
Fri 8/5 11:00 am- 11:50 am	yes	<u>Invited Address:</u> Research Trailblazing: Can Genomics Bring Innovation to Behavior Change Interventions?		Colleen M McBride, PhD	Convention Center Room 146A
Fri 8/5 12:00 pm- 12:50 pm		<u>Conversation Hour:</u> Behind the Scenes at <i>Health Psychology: A Conversation with the Editors</i>	Chair: Anne E Kazak, PhD, ABPP	Jos A Bosch, PhD Elizabeth Klonoff, PhD, ABPP Keith Petrie, PhD Lee M Ritterband, PhD Ric G Steele, PhD	D38 Hospitality Suite Grand Hyatt
Fri 8/5 1:00 pm- 1:50 pm		<u>Conversation Hour:</u> Navigating the Funding Maze: Helping Graduate Student, Post-Docs, & Early Career Professionals Find & Utilize What's Available	Chairs: Kadian S Sinclair, MS Luz M Garcini, MA	Zeeshan Butt, PhD Nabil El-Ghoroury, PhD Justin m Nash, PhD	Convention Center Room 140A
Fri 8/5 1:00 pm- 1:50 pm		<u>Conversation Hour:</u> ABPP in Clinical Health Psychology: Tips to Make Board Certification as Painless as Possible	Chair: John C Linton, PhD, ABPP		Convention Center Room 140B
Fri 8/5 3:00 pm- 3:50 pm		<u>Poster Session:</u> Cancer, CVD, HIV/AIDS, Pain, Obesity & Chronic Illness			Convention Center Halls D & E

Day/Date Time	CE Credit	Session	Chair/Discussant	Participants	Location
Fri 8/5 4:00 pm- 5:50 pm	yes	<u>Symposium:</u> Integrated Primary Care: Educational Issues across the Continuum	Chair: Robert E McGrath, PhD Discussant: Cynthia D Belar, PhD	Mark Skrade, PsyD Nancy B Ruddy, PhD Barbara A Cubic, PhD Susan H McDaniel, PhD Shanda Wells, MA John C Linton, PhD	Convention Center Room 151A
Fri 8/5 5:00 pm- 5:50 pm		<u>Meet-and-Greet:</u> Health Psychology Internship Directors	Chairs: Kadian S Sinclair, MS Luz M Garcini, MA		D38 Hospitality Suite Grand Hyatt
Fri 8/5 6:00 pm- 7:30 pm		<u>Conversation & Reception:</u> Tips for Engaging in a Job Search	Chairs: Kadian S Sinclair, MS Luz M Garcini, MA		D38 Hospitality Suite Grand Hyatt
Saturday					
Sat 8/6 8:00 am- 8:50 am		<u>Symposium:</u> Health Behavior Change in the Developing world	Chair: Suni Petersen, PhD	Suni Peterson, PhD Ralph Spiga, PhD Kaile N Brake, BA Trinh Demirer, BA	Convention Center Room 145B
Sat 8/6 9:00 am- 9:50 am		<u>D38/20 Developmental Health Award Address:</u> Cutting-edge Issues in Stress, Health & Aging Research		Carolyn M Aldwin, PhD	Convention Center Room 140A
Sat 8/6 9:00 am- 10:50 am	yes	<u>Clinical Health Psychology Grand Rounds:</u> Computerized Cognitive-Behavioral Therapies in Primary Care: Turning On, Tuning In & (Not) Dropping Out		Kate Cavanagh, DPhil	Convention Center Room 151A
Sat 8/6 11:00 am- 11:50 am		<u>Invited Address:</u> Behavioral & Social Sciences Research Supported by the National Institutes of Health: Current & Future Priorities		Robert M Kaplan, PhD	Convention Center Room 103A
Sat 8/6 11:00 am- 11:50 am		<u>Conversation Hour:</u> International Collaboration	Chair: Zina Trost, PhD		D38 Hospitality Suite Grand Hyatt
Sat 8/6 12:00 pm- 1:50 pm		<u>Symposium:</u> Professional & Research Contributions of Dr. Andy Baum to health Psychology: A Celebration of his Career	Chair: Robert J Gatchel, PhD		Convention Center Room 150A

Day/Date Time	CE Credit	Session	Chair/Discussant	Participants	Location
Sat 8/6 12:00 pm- 1:50 pm	yes	<u>Symposium:</u> Health Care & Psychology: The Challenge of Change	Chair: Paul L. Craig, PhD	Katherine C Nordal, PhD Patrick H DeLeon, PhD, JD Marlene M Maheu, PhD James H Bray, PhD	Convention Center Room 147A
Sat 8/6 1:00 pm- 1:50 pm		<u>Business Meeting:</u> Council of Clinical Health Psychology Training Programs (CCHPTP)	Chair: Kevin T Larkin, PhD		Renaissance Washington Hotel Ballroom East
Sat 8/6 3:00 pm- 3:50 pm		<u>Presidential Address:</u> Evidence-Based Strategies to Enhance Blood-Donor Recruitment & Retention	Tracey A Revenson, PhD	Christopher R France, PhD	Convention Center Room 102B
Sat 8/6 4:00 pm- 4:50 pm		<u>Business Meeting:</u> Membership Meeting & Awards	Christopher R France, PhD	Elizabeth Klonoff, PhD ABPP	Convention Center Room 102B

6:00 –7:30 pm

Division 38 Social: East Dessert First!
Co Co. Sala, Chocolate Lounge & Boutique
292 F street, NW, Washington, DC 20004

Sunday

Sun 8/7 8:00 am- 8:50 am	yes	<u>Symposium:</u> Managing Co0mplex Chronic Pain Clients Using Group Medical Visits	Chair: Charles J Preston, PhD	Cheryl Ho, MD	Convention Center Room 150A
Sun 8/7 9:00 am- 9:50 am	yes	<u>Symposium:</u> Use of the MMPI/MMPI-2 in Medical Settings	Chair: Roger Greene, PhD Discussant: Paul Arbisi, PhD	Eric Cepeda, BA Sarah E Moseman, MA, BS Rachel Cooper, BS	Convention Center Room 150B
Sun 8/7 10:00 am- 10:50 am	yes	<u>Discussion:</u> Diversifying Health Psychology: How to Promote Diversity Training & Research in Health Psychology	Chairs: Kadian S Sinclair, MS Luz M Garcini, MA	Tracey A Revenson, PhD John M Ruiz, PhD Keith Whitfield, PhD	Convention Center Room 150A
Sun 8/7 10:00 am- 10:50 am	yes	<u>Symposium:</u> Language, Emotion, & Health: New Advances in Referential Process Research	Chairs: Louise KW Sundararajan, PhD, EdD Wilma Bucci, PhD Discussant: Crystal Park, PhD	Sean Murphy, MA Wilma Bucci, PhD Maureen Welsh, PhD Louise Sundararajan PhD, EdD	Convention Center Room 150B
Sun 8/7 11:00 am- 11:50 am		<u>Poster Session:</u> Emotional Factors, Stress, Social Support, & Coping			Convention Center Halls D & E

Summary of the 2011 Survey of Early Career Professionals

Zeeshan Butt, PhD
Northwestern University Feinberg School of Medicine

A growing concern within Division 38, and the American Psychological Association, more generally, has been that early career professionals (ECPs, or individuals within 7 years of earning their doctorate) have concerns that may not be adequately addressed without formal integration in governance and other association affairs. To address this issue, on August 11, 2010, the Division 38 Board of Directors endorsed a revision to the bylaws to initiate an Early Career Professionals (ECP) Council.

To better understand the specific needs of early career health psychologists, one of the first activities of the ECP Council has been to conduct of focused survey aimed at identifying and guiding future initiatives that may attract new members while adding value for (and retention of) current members. We summarize findings from our survey below.

Within a two week window, we were able to obtain data from 159 ECPs, who were varied with respect to age, degree, location, and professional activities.

When asked in an open-ended format, ECPs reported most professional concern with time management, grants/funding, and job search, as well as networking and connectedness. Respondents also spontaneously requested of the Division additional skills training, networking, and mentoring. Aside from the positive rating of the Division's journal and listserv, the modal ratings of its other offerings were ambivalent. However, there was considerable enthusiasm expressed for a mentorship program to pair ECPs with more senior health psychologists, a Div 38 ECP listserv, an ECP column in the Division newsletter, and training opportunities on professional development, personal development, and work/life balance.

The full report, along with ECP Council recommendations for future initiatives, can be seen online at www.health-psych.org. If you are interested in being involved in future ECP Council activities, please contact Zeeshan Butt by phone (312-503-5519) or e-mail (z-butt@northwestern.edu).



Welcome to
Washington, DC

Division 38 Fellows

Interested in Fellow status in Division 38? **Applications for 2012 will be accepted until December 15, 2011.** To apply, you will need:

An **APA Uniform Fellow Application**

A **Qualification Checklist** for Prospective Applicants for Fellow Status

Fellow Status Evaluation Form (three needed)

Fellow Status Evaluation Worksheet (three needed)

A **List of Division 38**

All forms and instructions are available through the Division 38 website (under Membership): www.health-psych.org

The deadline for receipt of all materials by the Division 38 Administrative Office is **December 15, 2011**. Because of the rigid timetable for reviewing and processing applications, there will be no extensions to this deadline. Nominees whose applications are incomplete as of the deadline will not be considered further this year, but will have the opportunity to reactivate their applications next year. The Division 38 Fellows Committee forwards their recommendations to the APA Membership Committee, whose recommendations are confirmed by the APA Council of Representatives at the APA Convention. Thus, the final outcome of applications for Fellows will not be known until after the 2012 APA Convention.

All nominees should complete the Uniform Fellow Application (please indicate whether you are applying as an "initial Fellow" or "current Fellow"). It is strongly recommended that each applicant also prepare a self-statement, which highlights the outstanding and unusual contributions to Health Psychology which warrant Fellow status (demonstration of *national* impact is required). Attach the application and statement to a

current C.V., and indicate (using an 'R' notation in the margin) which of the publications listed appeared in *refereed* publications. To facilitate the timely review of the application, please provide **electronic scans** (.jpg or .pdf, including signatures), or **the original and five (5) copies of all documents (including the application, statement and vita)**.

Nominees who have never held Fellow status in any APA division (initial Fellows) should also provide an APA Standard Evaluation Form and a Fellow Status Evaluation Worksheet (which can be used by the endorsers to help ensure that a variety of criteria have been addressed in their letters) to each of at least three (3) evaluators *who are APA Fellows*. At least *two of those three evaluators must be Fellows of Division 38*. It is suggested that evaluators be from *different institutions*, and at least one evaluator should be an individual *with whom you have never had a continuing personal association*. Again, **electronic scans (.jpg or.pdf) may be sent**, but signatures must be included.

It is strongly recommended that the nominee include a copy of his/her self-statement and/or C.V. with the forms sent to each evaluator. The most effective endorsement letters are those that *systematically and specifically* address the APA Fellows criteria. The nature of the "unusual and outstanding" contributions or performance in the field of psychology, should be specified in sufficient detail so that members of both the Division 38 and APA committees who may be unacquainted with the candidate's work can write an evaluation of the candidate's qualifications relevant to the Fellows criteria. With this in mind, the evaluators should complete the forms and return them directly to the Division 38 Administrative Office by December 15.

Best of luck in your application. Direct questions to: apadiv38@verizon.net



Australian Psychological Society continued

(Continued from page 5)

Psychologists, members, and postgraduate students. The other areas of endorsement are Clinical Psychology, Counseling Psychology, Community Psychology, Educational Psychology, Forensic Psychology, Neuropsychology, Organizational Psychology, and Sports and Exercise Psychology. These areas reflect the APS College structure currently in place.

Much of the focus of the college this year will be to continue promoting the unique expertise and skills of Health Psychologists. The National Committee has developed a bumper sticker to promote Health Psychology to the wider community and other health professionals. A recent poll of members indicated that the most preferred slogan is "Health Psychology: A healthier mind a healthier body."

We have also put together an exciting program for the National Conference of the Australian Psychological Society (Canberra, October 4th to 8th, 2011), which will

Editor's column continued

(Continued from page 1)

ton, DC. Division 38 has an exciting and varied program planned for the Annual Convention including several terrific presentations and opportunities to earn continuing education as well as opportunities for professional development and mentorship. Please be sure to take a look at the Division 38 Program for the APA convention included with this current issue of *The Health Psychologist*. The student column especially highlights opportunities for career guidance and mentorship for the future generations of health psychologists. Yet, no matter where you are in your career – a student, an early career professional, or an established health psychologist – there is sure to be several events at the APA convention sponsored by our Division that will educate and inspire you.

I also would like to call your attention to some highlights of the present issue of *The Health Psychologist*. In addition to our typical submissions, we are continuing to offer a segment on issues of particular interest to early career professionals. Division 38's Early Career Professional (ECP) Council has been doing some excellent work in support of ECPs. A brief update on a recent survey conducted by this council is included in this issue (The full

showcase innovations in evidence based practice in health psychology, and bring together expertise from both the fields of health public promotion and clinical health.

Another major focal point for 2011 is our new Handbook of Applied Topics in Health Psychology, which will include contributions from over 30 College members. The handbook has been designed to provide a comprehensive, in-depth, state of the art coverage of topics in clinical health psychology and public health promotion, and it will be an invaluable resource for postgraduate students, College members, and other clinicians and professionals working in the health psychology field. In addition, a subgroup are also working on practice guidelines for the treatment of obesity.

Lastly but not least, we are still celebrating the inclusion of Health Psychology as an endorsed area of practice under the Australian National Registration Scheme. It was a big win for the College of Health Psychologists but an even bigger win for the health of Australians.

report is available on-line at www.health-psych.org). This issue also includes submissions by Division 8 (Health Psychology) of the International Association of Applied Psychology (IAAP) and the Australian Psychological Society. These are both great introductions to our colleagues in health psychology from different corners in the world. In future issues of *The Health Psychologist*, we hope to continue our dialog with these sister-organizations. Last but not least, the current issue includes important announcements including recent award and election winners within our Division and a piece by our Division President (Dr. Christopher France) about interest in a possible future one-day research meeting.

In closing, I wish everyone a pleasant and enjoyable summer. I also hope everyone enjoys the current issue of *The Health Psychologist*. I close with visions of our Division's membership reading the newsletter in summertime places ... such as at the beach, on a shaded porch with a cool summer breeze, or wherever your heart fancies. Enjoy!

Announcements

D38 Election Results

The Nominations & Elections Committee, under the leadership of Kevin Masters, is pleased to announce the results of the 2011 Division 38 elections:

President-Elect: **Annette Stanton, PhD**

Treasurer: **Mark Lumley, PhD**

Member-at-Large (portfolio: Education & Training; Clinical Health Services): **Martita Lopez, PhD**

APA Council Representative: **Kim E Dixon, PhD, MBA, BSN**

Division 38 Honors Members for Outstanding Research, Practice, and Service

Each year, Division 38 gives awards for outstanding scientific contributions to the field. One goes to a “senior” member (i.e. someone who received her/his terminal degree >10 years ago); the other goes to a “junior” member (i.e. someone who received her/his terminal degree within the past 10 years). For 2011, the D38 Awards Committee recognizes **Dr. Robert Gatchel** of the University of Texas at Arlington as the Senior award winner, and **Dr. Jeanne McCaffery** of Brown Medical School as the Junior Award winner.

In odd-numbered years, Division 38 and Division 20 (Adult Development and Aging) present a joint award for Outstanding Contributions to Developmental Health Psychology. The 2011 winner is **Dr. Carolyn Aldwin**. Dr. Aldwin will give the award address “Cutting-Edge Issues in Stress, Health, & Aging Research” on Saturday, August 6 (9:00-9:50 am, Convention Center Room 140A).

The Timothy B. Jeffrey Memorial Award is given by Division 38 in conjunction with the American Psychological Foundation. The award of \$3,000 is intended to recognize an outstanding commitment to clinical health psychology by a full-time provider of direct clinical services. This year, the recipient is **Dr. Andrea Mechanick Braverman**, of Medical Health Journeys in Bala Cynwyd, PA.

The award for Career Service to Health Psychology was instituted in 1998, to recognize individuals who have made significant contributions to Division 38 and/or the advancement of health psychology as a field, nationally or internationally. In 2008, the award was renamed for **Dr. Nate Perry**, a founding member and champion for health psychology for three decades. The award is reserved for those whose professional accomplishments exemplify the vision and commitment of its namesake. The Division is confident that **Dr. Karen Matthews** of the University of Pittsburgh is a worthy selection.

All the recipients will be honored at the annual Division Membership Meeting and Awards Ceremony, held in conjunction with the American Psychological Association convention in Washinton, DC (**Saturday, August 6, 4:00-4:50 pm**, Convention Center Room 102B – immediately following the Presidential Address). Awards for graduate student research and for outstanding student posters will also be presented. Please plan to attend to learn more about all the awardees and their achievements!

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Health Psychology
2011 Executive Committee

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Member Milestones

Division 38 invites members to share the good news about “future health psychologists” by sending birth announcements (and photos!) of the next generation. Just email parents’ names, baby’s name, date of birth, and photo to apadiv38@verizon.net.

Division 38 will also honor members and other contributors to health psychology who have passed away during the past year. A moment of silence will be observed at the upcoming Division 38 Membership Meeting during the APA convention in Washington, DC.

Kindly forward the names (and photos) of any health psychology colleagues, mentors or friends who should be remembered during this moment of silence to Barbara Keeton, Administrative Officer, apadiv38@verizon.net by July 15, 2011.

Notice of Bylaws Revision Vote

At the annual Division 38 Membership Meeting, scheduled for **Saturday, August 6, 2011**, Full and Fellow members present will be asked to vote on a change to Division 38 Bylaws: the option to conduct Division 38 voting (for elected officers and/or future Bylaws revisions) via email or other electronic means. All available members are urged to attend (4:00-4:50 pm, Convention Center room 102B, immediately following the Presidential Address). If you would like a copy of the proposed change prior to the meeting, or if you have questions or concerns, please contact the Administrative Officer at apadiv38@verizon.net.

The Health Psychologist

Lisa Maria E. Frantsve
Editor
VA Connecticut Healthcare System
Yale University School of Medicine

Deadlines for Submissions:
September 15, 2011
February 15, 2012
June 7, 2012

Please address comments and submissions to:

Lisa Maria Frantsve, Ph.D.

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